

33rd ANNUAL DOVER AREA AQUATIC CLUB PENTATHLON

SWIMMING CHAMPIONSHIPS



November 12, 2023



PURPOSE: The purpose of this meet is to offer a timed final championship format meet for swimmers so that they may compete against other swimmers in their current age group. Swimmers will be awarded high point trophies according to their total points scored in the five events for their age during the meet.

**Coaches Note - there are not separate events for the 6 and 7 year olds in the IM or the Butterfly and ALL 13 and 14 and 15-18 year old events will be seeded and swum together for competition. However, all swimmers will be scored and given awards according to their age as of the day of the meet.*

SITE: Dover Area High School Natatorium, 4500 Intermediate Ave. Dover, Pennsylvania: 6 lanes, 25 yard competition course. Parking lot is located in front of the High School. Competitor non-turbulent lane lines, Colorado Gen7 timing system, and Hytek meet management software will be used. Live meet results will be available using the Meet Mobile App. A snack bar will be available during the meet in the school cafeteria. See Map Below.

AWARDS: The meet will be seeded and scored according to the **swimmers age as of the meet date**. Awards will be given to the top 12 places. Medals for first, second, and third place and custom overlay ribbons for fourth through twelfth place. High point trophies will be awarded in each age group for girls and boys at the conclusion of the meet in the HS cafeteria.

SEEDING: The swimmers rest area and seeding area will be in the gymnasium located adjacent to the cafeteria. Proper footwear should be brought to walk to the pool through the school halls. No chairs should be placed directly on the gymnasium floor. Please place any chairs on top of a blanket or towel. Each Team should designate 1-2 parent volunteers to help direct swimmers from their team to the seeding area in the gym and monitor swimmer behavior.

RULES: The National Federation rules will be used. 8 and U swimmers will be permitted 1 FALSE START.

ELIGIBILITY: Age as of the meet date. (Coaches must include the birthdate of each swimmer entering the meet!).

TIME: Warm-ups will begin at 7am. Warm up times and lane assignments will be sent at

a later date. The meet will begin at 9am.

*Warmup/Cool down pool will be available throughout the meet. Swimmers using the warmup/cooldown pool must be accompanied by a coach. FEET FIRST ENTRY AT ALL TIMES UNLESS DOING STARTS UNDER COACHES SUPERVISION!

ENTRIES: Meet entries close at midnight on **Sunday, November 5th, 2023.**

T-SHIRTS: T-shirts may be ordered through the following website:

<https://store.jcarlogogear.com/daac/shop/home>

Online store closes **10/23/23**. Absolutely no late orders. We encourage all to order online because there will be a very limited amount the day of the event.

ENTRY FEES: \$5.00 per event.

MEET ADMISSION: \$5.00 per adult - 13 & older No charge for 12 & U One free meet program will be given with admission. All heat sheets and meet results will be posted on Meet Mobile.

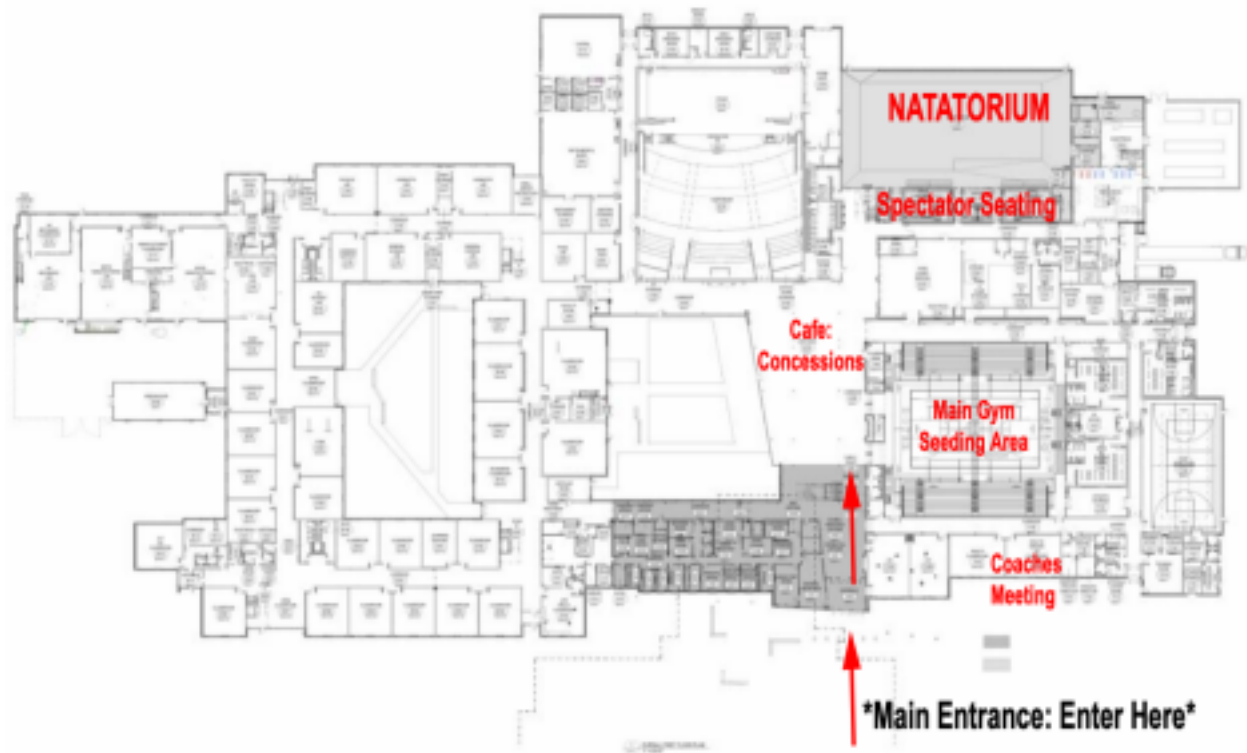
DAAC PENTATHLON SCHEDULE OF EVENTS

Girls #	Event	Boys #
1	8 & U 100 Yard IM	2
3	9 year old 100 Yard IM	4
5	10 year old 100 Yard IM	6
7	11 year old 100 Yard IM	8
9	12 year old 100 Yard IM	10
11	13 & 14 Year Old 100 Yard IM	12
13	15-18 Year Old 100 Yard IM	14
15	6 & U 25 Yard Freestyle	16
17	7 Year Old 25 Yard Freestyle	18
19	8 Year Old 25 Yard Freestyle	20
21	9 Year Old 50 Yard Freestyle	22
23	10 Year Old 50 Yard Freestyle	24
25	11 Year Old 50 Yard Freestyle	26
27	12 Year Old 50 Yard Freestyle	28
29	13 & 14 50 Year Old Yard Freestyle	30
31	15-18 50 Year Old Yard Freestyle	32
33	6 & U 25 Yard Backstroke	34
35	7 Year Old 25 Yard Backstroke	36
37	8 Year Old 25 Yard Backstroke	38
39	9 Year Old 50 Yard Backstroke	40
41	10 Year Old 50 Yard Backstroke	42
43	11 Year Old 50 Yard Backstroke	44
45	12 Year Old 50 Yard Backstroke	46
47	13 & 14 Year Old 50 Yard Backstroke	48
49	15-18 Year Old 50 Yard Backstroke	50
51	6 & U 25 Yard Breaststroke	52
53	7 Year Old 25 Yard Breaststroke	54
55	8 Year Old 25 Yard Breaststroke	56
57	9 Year Old 50 Yard Breaststroke	58
59	10 Year Old 50 Yard Breaststroke	60
61	11 Year Old 50 Yard Breaststroke	62
63	12 Year Old 50 Yard Breaststroke	64
65	13 & 14 50 Year Old Yard Breaststroke	66
67	15-18 Year Old 50 Yard Breaststroke	68
69	8 & U 25 Yard Butterfly	70
71	9 Year Old 50 Yard Butterfly	72
73	10 Year Old 50 Yard Butterfly	74
75	11 Year Old 50 Yard Butterfly	76
77	12 Year Old 50 Yard Butterfly	78
79	13 & 14 Year Old 50 Yard Butterfly	80
81	15-18 Year Old 50 Yard Butterfly	82

****Note: 6 & U, 7, and 8 year old swimmers will be permitted 1 False Start. There is NO 6&U or 7 year old IM or Butterfly event. ALL 6&U and 7 year old swimmers are to enter in events 1 or 2 and 69 or 70.

Meet Site Address: 4500 Intermediate Ave. Dover, PA 17315

Dover Area High School Natatorium



FRONT PARKING LOT OF HS

DOVER AREA AQUATIC CLUB PENTATHLON

SWIMMING CHAMPIONSHIPS



November 12, 2023



Name: _____

Age: _____ (as of 11/12/2023) Birth date: ____/____/____

Entries \$5.00 per event:

Event #	Event description
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Bring entry form and cash or check made payable to the SGSC pool by
11/02/2023, we need to send entries to the host team by 11/05/2023, no late
entries accepted.